INTERNET SAFE & FUN

The Internet Safe & Fun workshop

Soon, a volunteer from Child Focus will give a (digital) education to your child's class. This will be an Internet Safe & Fun workshop on safe and responsible internet use. This formation is an excellent start to making children media savvy and teaching them good reflexes on the net. Of course, this experience will be even more impactful if, as a parent, you regularly talk to your child about how they can use the internet in a safe, responsible and fun way. But how do you start such a conversation? Here are some tips on how to get started.

Talking Together

- Regularly ask your child what they like to do online or what their favorite sites or games are. Play along!

- Create a profile together with your (young) child. Ask them what tips and advice they would give you for safe and responsible use of the Internet. What does your child think you should or should not share online?

- Ask your child if it knows how to find online help, where it can look for tips to keep it safe, whether it knows how to manage privacy settings on social media and how it can block people or things that are disruptive.

- Think of your child as an Internet expert and appeal to his or her "skills. Ask to help you or show you how to do certain activities online (even if you know how to do it).

- Respect your child's online privacy. Let your child know that it is okay not to share everything with you, but indicate that you are there if he.she wants to share something.

Doing it together

- You can find lots of inspiring ideas on the Child Focus Parents Website (childfocus.be).

- Want to know what type of internet parent you are? Take the test: What type of media parent are you? | MediaNest. Tip: first do the test alone and then together with your child. Does your child estimate your reactions or attitude the same way?

- Which of the two of you is the best chatter? Take the test together and discuss the results.

- With young children, you can also read numerous stories and watch the videos online. An ideal time to start a conversation.

- A good password is important. Choose a secure password together with your child. Take the test to check the reliability of your password at Is your password safe? | Child Focus (safe-password.be).

- You can also find a lot of information on e-safety in English on the website saferinternet.org.uk/.

A question about children and e-safety?
Identifying an online problem?

Contact 116 000 - the Child Focus helpline.

Child Focus
(116000